

Date of survey: \_\_\_\_\_

Name of student: \_\_\_\_\_

### Adolescent Peer Relations Instrument

#### SECTION A

How often DID YOU do any of the following things to a STUDENT (or students) at this school LAST SCHOOL YEAR. CIRCLE THE NUMBER THAT IS CLOSEST TO YOUR ANSWER.

In the past year at this school I...	Never	Sometimes	Once or twice a month	Once a week	Several times a week	Everyday
1. Teased them by saying things to them	1	2	3	4	5	6
2. Pushed or shoved a student	1	2	3	4	5	6
3. Made rude remarks at a student	1	2	3	4	5	6
4. Got my friends to turn against a student	1	2	3	4	5	6
5. Made jokes about a student	1	2	3	4	5	6
6. Crashed into a student on purpose as they walked by	1	2	3	4	5	6
7. Picked on a student by swearing at them	1	2	3	4	5	6
8. Told my friends things about a student to get them into trouble	1	2	3	4	5	6
9. Got into a physical fight with a student because I didn't like them	1	2	3	4	5	6
10. Said things about their looks they didn't like	1	2	3	4	5	6
11. Got other students to start a rumor about a student	1	2	3	4	5	6
12. I slapped or punched a student	1	2	3	4	5	6
13. Got other students to ignore a student	1	2	3	4	5	6

14. Made fun of a student by calling them names	1	2	3	4	5	6
15. Threw something at a student to hit them	1	2	3	4	5	6
16. Threatened to physically hurt or harm a student	1	2	3	4	5	6
17. Left them out of activities on purpose	1	2	3	4	5	6
18. Kept a student away from me by giving them mean looks	1	2	3	4	5	6

**SECTION B**

Please indicate how often a student (or students) at this school has done the following things TO YOU since you have been at this school this year. CIRCLE THE NUMBER THAT IS CLOSEST TO YOUR ANSWER.

In the past year at this school I...	Never	Sometimes	Once or twice a month	Once a week	Several times a week	Everyday
1. I was teased by students saying things to me	1	2	3	4	5	6
2. I was pushed or shoved	1	2	3	4	5	6
3. A student wouldn't be friends with me because other people didn't like me	1	2	3	4	5	6
4. A student made rude remarks at me	1	2	3	4	5	6
5. I was hit or kicked hard	1	2	3	4	5	6
6. A student ignored me when they were with their friends	1	2	3	4	5	6
7. Jokes were made up about me	1	2	3	4	5	6
8. Students crashed into me on purpose as they walked by	1	2	3	4	5	6
9. A student got their friends to turn against me	1	2	3	4	5	6
10. My property was damaged on purpose	1	2	3	4	5	6
11. Things were said about my looks I didn't like	1	2	3	4	5	6

12. I wasn't invited to a student's place because other people didn't like me	1	2	3	4	5	6
13. I was ridiculed by students saying things to me	1	2	3	4	5	6
14. A student got students to start a rumor about me	1	2	3	4	5	6
15. Something was thrown at me to hit me	1	2	3	4	5	6
16. I was threatened to be physically hurt or harmed	1	2	3	4	5	6
17. I was left out of activities on purpose	1	2	3	4	5	6
18. I was called names I didn't like	1	2	3	4	5	6

**Scoring Instructions**

Point values are assigned as indicated above.

Section A contains the bullying items. Subscale scores are computed as follows:

Verbal bullying: Items 1, 3, 5, 7, 10, and 14

Social bullying: Items 4, 8, 11, 13, 17, and 18

Physical bullying: Items 2, 6, 9, 12, 15, and 16

Section B contains the victim items. Subscale scores are computed as follows:

Verbal victimization: Items 1, 4, 7, 11, 13, and 18

Social victimization: Items 3, 6, 9, 12, 14, and 17

Physical victimization: Items 2, 5, 8, 10, 15, and 16

Scoring is achieved by adding the items up for each individual total score (bullying and victimization) or for each subscale score (verbal, social, and physical). Any student who scores 18 for either the bullying or victimization total score has never been bullied or has never bullied others. There are no cut off scores for this instrument. For the subscales, a score of 6 means the respondent has never been bullied or has never bullied others in that particular way.

**References**

Parada, R. H. (2000). Adolescent Peer Relations Instrument: A theoretical and empirical basis for the measurement of participant roles in bullying and victimization of adolescence: An interim test manual and a research monograph: A test manual. Penrith South, DC, Australia: Publication Unit, Self-concept Enhancement and Learning Facilitation (SELF) Research Centre, University of Western Sydney.

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